



Cardiopatch

CANADIAN CARDIAC CARE

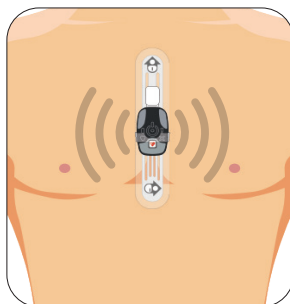
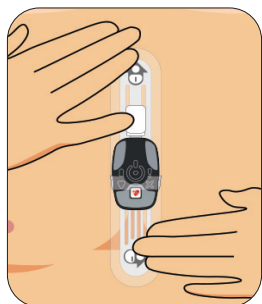
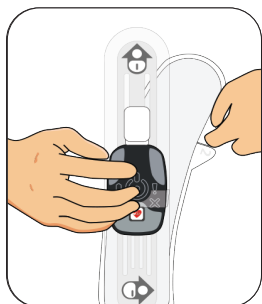
Patient Guide

Toll-Free Patient Helpline: 1-855-404-5667

STEP 1: Prepare your Skin

1. If needed, remove any chest hair in the areas where the patch will be placed (see FIG 1).
2. Clean the chest with soap and water then dry thoroughly.

STEP 2: Attach the Patch



1. Open the pouch and remove the patch. Remove the clear plastic lining (tabs 1 & 2).
2. Attach the patch as per diagram. Run finger along edges to ensure patch is secured.
3. Recording begins automatically; a beep confirms the start. **If you do not hear a beep:** Press centre button once.

STEP 3: Record your Symptoms

If you experience any symptoms record them in the **Patient Diary**.

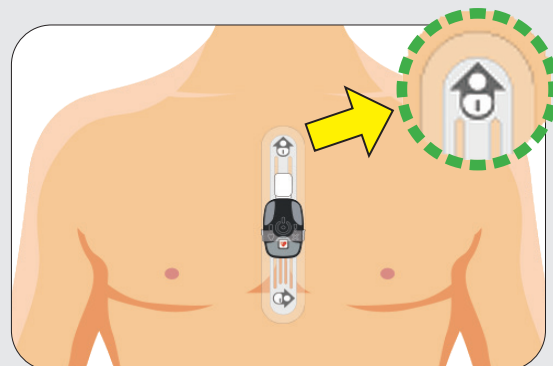


Showering Instructions:

Face away from the showerhead while showering.

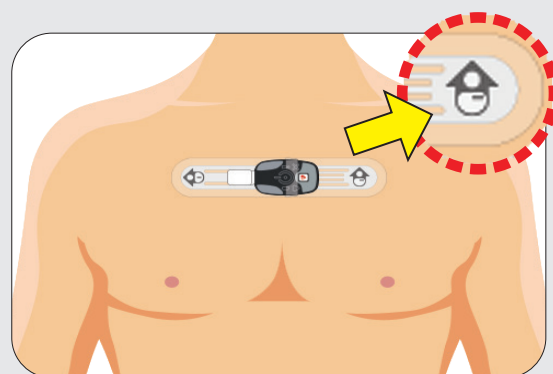
Do not swim or take baths while wearing.

FIG 1. Position & Placement



Recommended Placement

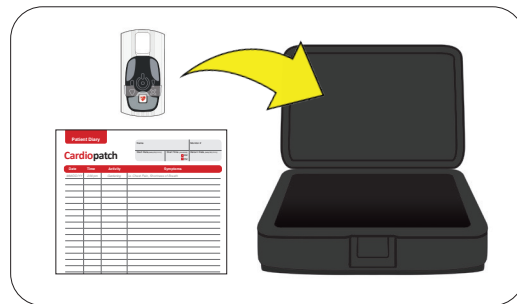
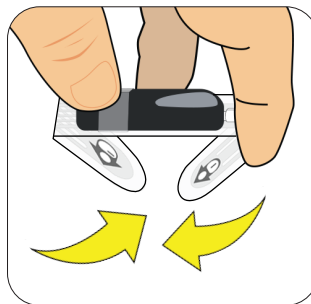
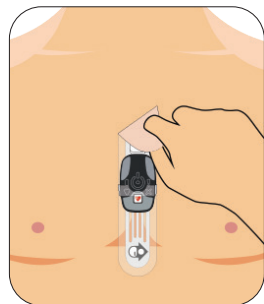
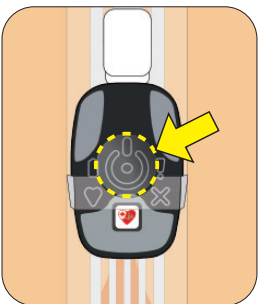
Vertically at the center of the breastbone (sternum), approximately 2 cm above the bottom of the bone.



Alternative Placement

Horizontally across center of chest, close to the heart. Avoid placing directly over pectoral muscle or breast.

STEP 4: Remove and Return the Monitor



1. Hold the centre button until the monitor beeps three (3) times.
2. Start at one end and gently pull the patch away from the body.
3. Hold patch as shown & fold the sticky side on top of itself.
4. Place monitor, diary and all other accessories into provided packaging. Return the package as instructed by your health care provider.

Patient Diary



Your Return Date (MM/DD/YYYY):

Toll-Free Helpline: 1-855-404-5667

Patient Name (Last, First)

Monitor #

Start Date (MM/DD/YYYY)

Start Time (HH:MM)

AM

☐ PM

[illegible]